

Cincinnati Recreation Commission



Therapeutic Recreation

Spring & Summer 2007

Program Guide

Program & Registration Information for March - September, 2007

Includes Summer Day Camp Information!

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Road Map to Therapeutic Recreation Services

Start Here

This road map will provide you with a brief overview by age of the programs and services provided through the Division of Therapeutic Recreation. Please be sure to see the program description within the pages of this program guide!

Individuals with disabilities are not limited to therapeutic recreation services. If you are looking to add a little flavor to your leisure lifestyle... try your hand at Inclusion!

Happy Hiking through the variety of adventures we have to offer! Grab your gear and join the fun with the Cincinnati Recreation Commission! Take the path which provides you with the most enjoyable recreation experience.

Pre-School/Kindergarten (ages 3-5)

age criteria varies with program Pg. #

- Aquatics, Parent and Child 4
- Miracle League Baseball 8

Youth (ages 6-12)

age criteria varies with program Pg. #

- Accessible Golf League 7
- Accessible Golf Mini Clinics 7
- Accessible Individual Golf Lessons 7
- Aquatics, Adapted 5
- Dance! Dance! Dance! 10
- George Foster Baseball Clinic 8
- Golf Clinic (for individuals with cognitive disabilities) 7
- Golf Clinic & Scramble, BlazeSports 7
- Handcycling 6
- Inclusive CRC Summer Day Camps 3
- Miracle League Baseball 8
- Power Soccer/Boccia Clinic 6
- Reds Rookie Success League 8
- TR Summer Day Camp (for Kids with Physical Disabilities) 3
- Wheelchair Football, BlazeSports 6
- Wheelchair Tennis, BlazeSports 6
- Wheelchair Tennis Camp, BlazeSports 6

Teens (ages 13-17)

age criteria varies with program Pg. #

- Accessible Golf League 7
- Accessible Golf Mini Clinics 7
- Accessible Individual Golf Lessons 7
- Aquatics, Adapted 5
- Cyclones Game 11
- Dance! Dance! Dance! 10
- George Foster Baseball Clinic 8
- Golf Clinic (for individuals with cognitive disabilities) 7
- Golf Clinic & Scramble, BlazeSports 7
- Handcycling 6
- Inclusive CRC Summer Day Camps 3
- Miracle League Baseball 8
- Movie & Pizza Nights 10
- Power Soccer/Boccia Clinic 6
- Teen Outing - Cincinnati Reds Game 10
- Teen Outing - Scallywag Tag 10
- Learn to Play Tennis! 8
- TR Summer Day Camps 3
- Wheelchair Football, BlazeSports 6
- Wheelchair Tennis, BlazeSports 6
- Wheelchair Tennis Camp, BlazeSports 6

Adults (18 and older)

age criteria varies with program Pg. #

- Accessible Golf League 7
- Accessible Golf Mini Clinics 7
- Accessible Individual Golf Lessons 7
- Aquatics, Adapted 5
- Aquatics, Arthritis 4
- Cyclones Game 11
- Golf Clinic (for individuals with cognitive disabilities) 7
- Golf Clinic & Scramble, BlazeSports 7
- Handcycling 6
- La Comedia Dinner Theatre 11
- Miracle League Baseball 8
- Movie & Pizza Nights 10
- Overnight Camping Trips 11
- Parrot Head Dance 10
- Power Soccer/Boccia Clinic 6
- Spring Fling Dance 10
- Teen Outing - Cincinnati Reds Game 10
- Teen Outing - Scallywag Tag 10
- Learn to Play Tennis! 8
- Wheelchair Football, BlazeSports 6
- Wheelchair Tennis, BlazeSports 6
- Wheelchair Tennis Camp, BlazeSports 6

Get Acquainted

with the Full-Time Therapeutic Recreation Staff!



Stephanie M. Knarr, CTRS • (513)352-4055 • stephanie.knarr@cincinnati-oh.gov

I'd like to take this opportunity to inform all of you that I have officially resigned as the Supervisor of Therapeutic Recreation effective 1/19/07. I have decided that with the upcoming birth of my third child that I need to devote more time to my children. Working at CRC has been an awesome experience for me not only because it is a great organization to work for but also because it has enabled me to interact with all of the families that have been involved in our programs throughout the years. I have learned so much from working with the schools, disability agencies and community committees, but most of all, I have gained so much valuable knowledge from all of you – the parents and the participants who have shared your personal information with me allowing me to grow not only as a professional but also as a mother of a toddler with special needs. Thank you for all of the memories! I am happy to be able to work on a part-time basis doing various projects and being involved in the COUNT ME IN puppet program, so hopefully I will continue to see you.



Alayne M. Kazin, CTRS • Service Area Coordinator • (513)352-4945 • alayne.kazin@cincinnati-oh.gov

Alayne has worked for CRC for 5 1/2 years. She has spent most of her career in clinical settings working with people with various types of disabilities including physical, psychiatric, behavioral and cognitive. Alayne has experience in working with people of all ages. She has an undergraduate degree from Indiana University and a graduate degree from the Ohio State University. Alayne is active in professional associations and enjoys walking, camping and sailing during the spring, summer and fall.



Terry Mongenas • Program and Inclusion Coordinator • (513)352-4015 • terry.mongenas@cincinnati-oh.gov

Terry has been with CRC since 1989. She has worked as a Recreation Leader, Program Director, Pool Manager, Community Center Director, and today is a Recreation Program Coordinator. Terry worked 10 years in the Adapted Aquatics Program at Mt. Auburn Pool and holds a certification as a Master Teacher of Adapted Aquatics. Since becoming a Program Coordinator in 2001 she has changed her focus from the water to helping improve the staff and programming in our division. Terry enjoys antiques and camping in her free time.



Dawn M. Bocklett, CTRS • TR Program/Inclusion Specialist • (513)352-4629 • dawn.bocklett@cincinnati-oh.gov

Dawn has been with CRC since 1998. She began her career as an intern in 1998 and stayed on as a Recreation Leader and Program Director. In 2001, Dawn was promoted to a full-time position as a Therapeutic Recreation Program/Inclusion Specialist specializing in various TR Programs, Adult Programming, Inclusion, Disability Awareness, and Adapted Aquatics. She received her undergraduate degree from Eastern Kentucky University in Therapeutic Recreation. Dawn enjoys spending her free time with her husband Bill, daughter Kira Nicole, and friends.



Kyra Ertley, CTRS • TR Program/Inclusion Specialist • (513)352-4962 • kyra.ertley@cincinnati-oh.gov

Moving from Kent, Ohio to Cincinnati, Kyra began her career with CRC in September of 2006. She is a recent graduate of Kent State University with a double major of Therapeutic Recreation and Psychology. Kyra also has an extensive background in the water as an Adapted Aquatics Instructor, Swim Coach, Lifeguard Instructor and Water Aerobics Instructor, and is certified in SCUBA Diving. Since working with CRC, Kyra has coordinated and directed programs such as our Adapted Aquatics, Arthritis Aquatics, Movie and Pizza Nights, and the Spring Fling. Kyra is also our Inclusion Specialist for the West Region of Cincinnati.



Whitney McNeil, CTRS • TR Program/Inclusion Specialist • (513)352-4971 • whitney.mcneil@cincinnati-oh.gov

Whitney began her career with CRC in September of 2006. Recently moving from Lexington, Kentucky to Cincinnati, Whitney is new to the area, but not new to the field. She received her degree in Therapeutic Recreation from Eastern Kentucky University, and has provided services in a variety of community and clinical settings. Since working with CRC, Whitney has coordinated and directed numerous programs including Lakers Basketball, Basic Cooking Skills, Movie & Pizza Nights, Stepping Out, Archery, Golf, and Miracle League Baseball. Whitney is also our Inclusion Specialist for the Central Region of Cincinnati.



Karen Schissler • TR Program/Inclusion Specialist • (513)352-4056 • karen.schissler@cincinnati-oh.gov

Karen has been with the Cincinnati Recreation Commission since 1994. She started as a volunteer at the Westwood Town Hall Therapeutic Recreation Summer Day Camp. Karen advanced to part-time status in 1995, and in 2003 she became a full-time Program/Inclusion Specialist. Throughout the 12 years, Karen has been involved with many recreation programs, and has worked as a Day Camp Leader and Director, Adapted Aquatics Instructor, Fitness Instructor, Basketball Coach, and Winners On Wheels Director. Currently, she is the director of Youth Empowerment Social, Disability Awareness, Adult Outings, and Teen Programming. Karen is also our Inclusion Specialist for the East Region of Cincinnati.



Ann-Marie Stuart, CTRS • TR Program/Inclusion Specialist • (513)352-2549 • annmarie.stuart@cincinnati-oh.gov

Ann-Marie has been with CRC since September of 2005. Her responsibilities include Disability Awareness, TR Summer Day Camp, and coordinating and directing the BlazeSports programs. BlazeSports programs include Wheelchair Football, Basketball and Tennis, Accessible Golf, Archery, Handcycling, and soon to be introduced - Boccia and Power Soccer. Ann-Marie is from Cincinnati, and when not working enjoys spending time with her niece Allie who lives with her, and her parents who are also in town.



Sandy Cloud-Heyob • Office Manager • (513)352-4028 • sandy.cloud-heyob@cincinnati-oh.gov

Sandy is the Office Manager for the TR Division. She has been with TR for 3 years. Prior to her arrival she worked for 9 years with the CRC Athletics Division. While in the office Sandy helps keep our division organized and running smoothly. She also handles all of our program registration and strives to provide excellent customer service to the public. Sandy has a unique background in design, studying Interior Design at the Ohio Visual Arts Institute. She enjoys spending her free time decorating indoors and out (gardening/landscaping).

Support Information

TR Wish List

Adapted Archery Equipment
Portable Basketball Hoop
Exercise Equipment
Portable DVD/VHS Television
Art Supplies

Books
Puzzles
Large Radio with CD Player
Laptop Computer
Handheld Games (i.e. Gameboy,
Leapster, etc.)

Digital Camera
Timers
Sensory Toys
Switch Toys

Support Our Services!

The Division of Therapeutic Recreation provides several opportunities for you to show your support for the services we provide to the community! Without the support of our constituents, our programs and services are limited. If you are committed to pledging your support to the programs and services provided by the Division of Therapeutic Recreation, we ask that you explore one of the opportunities listed below:

Sponsorship – TR implements many programs for a variety of populations (ages and disabilities). We offer several special events throughout the year that businesses, corporations and organizations could choose to provide sponsorship for. As a potential sponsor, you would receive additional recognition for the funding provided for a special event.

Donations – Financial or in-kind donations are always welcome! Contributions made to the Cincinnati Recreation Commission Foundation are tax deductible to the fullest extent of the law. The CRC Foundation is a 501c3 non-profit organization whose purpose is to aid and improve the quality of life for Cincinnati citizens. These tax-deductible donations give the Foundation an opportunity to supplement current services and to provide an immediate impact to the City of Cincinnati. By donating to the Cincinnati Recreation Commission Foundation, you are able to identify what you would like the funds to be spent on. If you are interested in making a monetary donation to the Division of Therapeutic Recreation, please make checks payable to the Cincinnati Recreation Commission Foundation. Checks should be mailed to 805 Central Avenue, Suite 800, Cincinnati, Ohio 45202. Please specify you are making a donation to the Therapeutic Recreation Division. For more information, please call Alayne at (513)352-4945.

Please Volunteer!

The Therapeutic Recreation Division needs volunteers to assist our staff with programming! There are many opportunities to volunteer! Whether it's an ongoing program or a special event, we are always in need of assistance to provide individualized attention to those we serve. Immediate opportunities include: The Miracle League of Greater Cincinnati, Summer Day Camp, Wheelchair Tennis, Reds Rookie Success League, Wheelchair Football, and dances. Volunteers must be at least 13 years of age. If you would like more information on volunteer opportunities, please call Kyra at (513)352-4962, or e-mail her at kyra.ertley@cincinnati-oh.gov.

Thank You to Our Sponsors

In these days of budget crunching, we want to take the time to send a sincere thanks out to those individuals and organizations that provide sponsorship and funding to the Division of Therapeutic Recreation. Many of our current programs could not be implemented without the financial assistance of the following individuals and/or organizations:

City of Cincinnati
Cincinnati Recreation Commission Foundation
United States Golf Association Foundation
CVS/Pharmacy Charitable Trust
Billy Casper Golf
Kid Glove
Ohio Valley Tennis Association
Spina Bifida Association

Hamilton's Assistive Technology
Margaret Hardey Trust
UTSA Midwest Section
Byron Trapp
Push America
Queen City Racquet Club
Western Southern Financial Services /
Tennis Masters Series

Cincinnati Reds Community Fund
D.A.G. Construction
Elder High School
Rohm and Haas
Xavier University Occupational Therapy Program
Don and Leota McOske

THANK YOU!

Special thanks to CITE Services for the on-going inclusion support throughout the summer. It is our pleasure to collaborate with you in providing individuals with disabilities with successful recreation placements. CITE Services was a nominee for the 2005 Inclusion Leadership Awards for their dedication to include people with disabilities into the community.

Summer Day Camp Programs

Therapeutic (TR) Summer Day Camps

The Therapeutic Recreation Day Camps provide well planned, appropriate activities designed to promote the development of motor skills, social skills, self-help and other related areas. Programs include swimming, sports, games, crafts, music, field trips and other fun activities. Participants should bring a packed lunch each day. Our specialized camps serve primarily teens, though we invite youth with physical disabilities because of the level of personal care needed during the day. The fee for this nine-week day camp program is \$460

TR Summer Day Camps are held Tuesday through Friday, from 10 a.m. to 3 p.m.

Camp begins Tuesday, June 19 and continues through Thursday, August 16 (no program Wednesday, July 4).

Camps Offered

<u>Code</u>	<u>Location</u>	<u>Ages</u>	<u>Min/Max</u>	<u>Fee</u>
WT07	Westwood Town Hall	13 – 18	5/15	\$460
MA07	Madisonville Center	13 – 18	5/15	\$460
CH07	College Hill Center	6 – 18	5/12	\$460

- The College Hill Day Camp is for children and teens with physical disabilities that use wheelchairs & walkers.
- The Westwood Town Hall Day Camp meets at Ryan Park Pool for swimming in the morning, and walks to Westwood Town Hall after lunch. The walk takes 15-20 minutes. Teens who attend this camp should be able to walk distances with staff supervision, or parents should provide wheelchairs to facilitate movement of their teen from one location to the other.

If you have questions concerning the most appropriate placement, please call us at (513)352-4028.

Inclusive Day Camps ~ Ages 6 – 12

Inclusive Teen Camps ~ Ages 13 – 15

The Cincinnati Recreation Commission provides inclusive day camp/teen camp opportunities for children and teens with disabilities (ages 6 -12 & ages 13-15) by including them in day camps/teen camps for children & teens without disabilities. These youth and teen camps are offered at a variety of community centers located throughout the city, and are held Monday through Friday with extended hours available (7 a.m. to 6 p.m. at most locations). Because of the length and duration of the inclusive day camps, the fee is substantially higher than the rates listed above for the TR day camps. A wide variety of activities are offered, including crafts, sports, swimming, field trips, theme days and more.

- If you are interested in finding out more information about these camps, please contact the community center in your neighborhood or visit our web site at www.cincyrec.org.
- **Please Note: Inclusive camp registration is completed at the community center, not through the Division of Therapeutic Recreation.** Some Cincinnati Recreation Commission camps fill to capacity very early. Please call as soon as possible to begin the registration process. By registering early we are able to do a more thorough assessment to ensure the necessary accommodations.
- **When registering your child for camp, please request an accommodation for your child.** The center staff will contact the TR Inclusion Team who will then complete an assessment, provided on-going support for inclusion placements, and assist center staff in providing for the needs of your child.
- We ask parents/guardians to thoroughly research each facility (i.e. review logistics and do a site visit) to determine if the program structure is a good fit for your child/teen.

Arthritis Aquatics

The Arthritis Aquatics program is designed by the National Arthritis Foundation to allow individuals with arthritis to exercise in a supportive, low resistance environment. Please consult your physician prior to registration. People with severe or multiple joint problems or those who have had joint surgery, are encouraged to talk with their doctors regarding any special precautions or limitations.

Guidelines to program:

- Have functional and comfortable shoulder and elbow motion.
- Able to tolerate 5 minutes of movement in the water, or 15 minutes standing or walking on land without excessive pain, fatigue or shortness of breath.
- Require no more than minimal assistance to enter or exit the pool.
- Feel comfortable and confident in the water.

	<u>Spring Session</u>	<u>Begin/End</u>	<u>Cancellations</u>
Tuesdays:	3:15 – 4:00 p.m.	March 20 – May 22	April 10
Thursdays:	2:15 – 3:00 p.m.	March 22 – May 24	April 12
Fridays:	1:15 – 2:00 p.m.	March 23 – May 25	April 13
Code:	AR07		
Fee:	\$20 (10 classes) • \$36 (20 classes)		

	<u>Summer Session</u>	<u>Begin/End</u>	<u>Cancellations</u>
Tuesdays:	3:15 – 4:00 p.m.	June 19 – August 14	None
Thursdays:	2:15 – 3:00 p.m.	June 21 – August 16	None
Fridays:	1:15 – 2:00 p.m.	June 22 – August 17	None
Code:	AR07		
Fee:	\$20 (10 classes) • \$36 (20 classes)		

Parent and Child Aquatics

This program is designed to introduce infants and toddlers, ages 6 months through 5 years, to the water and basic safety skills. The program is open to children with and without disabilities. A parent or caregiver will be required to assist the child in the water. Children under age 5 are encouraged to participate in the Parent and Child Aquatics Program prior to participating in the Adapted Aquatics Program.

	<u>Spring Session</u>	<u>Begin/End</u>	<u>Cancellations</u>
Saturdays:	9:00 – 10:00 a.m.	March 24 – May 26	April 14
Code:	PCAS07		
Fee:	\$30		

Adapted Aquatics & Instructional Swim Programs



Our year-round warm water swimming pool is located at the Mt. Auburn Community Center. This facility has been renovated for improved accessibility, with accessible parking, showers, toilet stalls, and an assisted dressing room. Several water entries and exits are available, including a pool chair lift and "easy ladder" with hand railings. The water temperature is maintained at a comfortable 89 degrees.

Our programs are designed to include all ability levels, incorporating the TR Sequential Swim Progression and the Dolan Method for individuals with autism. Participants are taught swimming skills, water safety and independence. Swimming is an inclusive recreational skill that can improve the participant's health and fitness. Lessons are offered on Tuesdays and Saturdays. If you have questions about the appropriate swim level or time, please call Kyra at (513)352-4962.

Please Note:

- Children under age 5 are encouraged to register for the Parent and Child Aquatics Program prior to participating in the Adapted Aquatics Program.
- Advanced classes are for participants interested in improving their swim strokes and endurance. Participants must be capable of swimming 25 yards (length of pool) on front and back, able to perform safety skills in deep water, and able to work in small groups (2 to 4 swimmers).

Please indicate your preferred program name, code and time on the Program Registration Form.

Adapted Aquatics Spring Session

	<u>Beginning & Intermediate Levels</u>	<u>Advanced Level</u>
Tuesdays:	4:30 – 5:15 p.m. or 5:15 – 6:00 p.m. Code: AATS07	6:00 – 6:45 p.m. Code: AATS07
Saturdays:	10:00 – 10:45 a.m. or 10:45 – 11:30 a.m. Code: AASS07	11:30 a.m. – 12:15 p.m. Code: AASS07
Begin/End:	March 20 – May 26	March 20 – May 26
Cancellations:	April 10 & 14	April 10 & 14
Min/Max#:	5/9	5/9
Fee:	\$90	\$60

Please Note:

There will be NO Summer Session of Adapted Aquatics. Typical swim lessons and swim teams are available at numerous pools throughout the city. For more information, please call Kyra at (513)352-4962.

**Send us your e-mail address
and take
advantage of our e-mail
announcements!**

Want to know what's happening with Therapeutic Recreation? We're taking advantage of the current technology and sending e-mail announcements to keep everyone up-to-date! The announcements include valuable information about upcoming programs, "spontaneous" events, and TR staff. If you are interested in being on our e-mail distribution list, please call Terry at (513)352-4015, or send an e-mail to terry.mongenas@cincinnati-oh.gov.



BlazeSports Club Cincinnati & Wheelchair Sports



BlazeSports Club is a national community-based sports and fitness program for children and adults with physical disabilities and visual impairments. BlazeSports is a direct legacy of the 1996 Atlanta Paralympic Games, the first Paralympics ever held in the United States. The program is a multi-level sports program of instruction, competitions, teams, camps and education. www.blazesports.com

BlazeSports Club Cincinnati

The programs listed below are available for participants with physical disabilities and visual impairments, beginner to advanced skill levels. Participant age eligibility is 8 years and older. **We are looking for volunteers for these programs!**

By becoming a member of the BlazeSports Club Cincinnati you will be notified of all upcoming sports clinics and special events.

It's easy and FREE to become a member! Please contact us at (513)352-4028 if you're interested!

<u>Clinics/Location</u>	<u>Date</u>	<u>Time</u>	<u>Cost</u>	<u>Code</u>
Power Soccer/Boccia Clinic College Hill Center	Saturday, April 14	9:00 a.m. – 4:00 p.m.	\$10 (includes lunch)	BC07
Golf Clinic Reeves Golf Course	Saturday, April 28	10:00 a.m. – 1:00 p.m.	\$10 (includes lunch)	BGC07
Golf Scramble Reeves Golf Course	Saturday, April 28	12:00 p.m. – 3:00 p.m.	\$10 (includes lunch)	BGS07

Wheelchair Sports

Wheelchair Tennis

Ages: 8 and Older
Days: Tuesdays and Thursdays
Begin/End: April 3 – September 27
Cancellations: August 16
Time: 6:30 – 8:30 p.m.
Location: Sawyer Point Tennis Courts at Bicentennial Commons
Min/Max#: 5/Unlimited
Code: WCT07
Fee: \$40

Wheelchair Tennis Camp

This is a nationally recognized camp offering skill instruction to players of all levels. High quality instruction is provided by Brad Parks, Bal and Marcha Moore, Byron Trapp and Jim Rackett. This three day camp includes a trip to the Tennis Masters Series of Cincinnati!

Ages: 8 and Older
Dates: August 17, 18 and 19
Location: Queen City Racquet & Fitness Club
Code: WCTC07
Fee: \$100 up till 7/20
\$125 after 7/20
(Scholarships are available)

Wheelchair Football

Ages: 8 and Older
Day: Saturdays
Begin/End: March 24 – May 19
Cancellation: April 7
Time: 10:15 a.m. – 12:00 p.m.
Location: Pleasant Ridge Center
Code: BSF07
Fee: \$15

Handcycling

In the spring, summer and fall we are offering the opportunity for individuals with physical disabilities to experience the fun of hand cycling! Thanks to anonymous donors, we have 6 handcycles available at Lunken Playfield! This is a great opportunity for family and friends to participate in a recreational activity together while enjoying the scenic 5.6 mile bike path at Lunken. The cycles will be available by reservation. Please call Ann-Marie at (513)352-2549 at least a day in advance to make reservations. If family members and friends want to rent a bicycle, rentals are available at the Marian Ahlering Building.

Ages: 8 & Older
Days: Monday – Thursday (4:00 p.m. – dusk), when available
Saturday (9:00 a.m. – 1:00 p.m.), when available
Begin/End: April 2 – October 31
Location: Lunken Playfield – Marian Ahlering Building
Code: OHC07
Fee: **FREE ! FREE! FREE!**

Power Soccer & Boccia Clinic

Come on out to our clinic to learn more about two great sports for wheelchair users! Lunch will be provided!

Please Note: Date and fee has changed!

Ages: 8 & Older
Date: Saturday, April 14
Time: Power Soccer 9:00 a.m. – 12:00 p.m.
Lunch 12:00 p.m. – 1:00 p.m.
Boccia 1:00 p.m. – 4:00 p.m.
Location: College Hill Center
Min/Max#: 5/30
Code: BC07
Fee: \$10 (includes lunch)
Registration Deadline: Friday, April 6

BlazeSports Golf Clinic

For Individuals with Physical Disabilities & Visual Impairments

Golf is a lifetime fitness activity! Would you like to improve your game? Join us for our fourth BlazeSports Clinic and have some fun! Participants will be divided into beginner or intermediate groups and will work with PGA pros to learn and improve skills on the course. Adapted equipment will be available for use. Lunch will be provided!

Ages: 8 and Older
Date: Saturday, April 28
Time: 10:00 a.m. – 1:00 p.m.
Lunch served 12:00 – 1:00 p.m.
Location: Reeves Golf Course
Min/Max#: 15/30
Code: BGC07
Fee: \$10 (includes lunch)
Registration Deadline: Friday, April 13

BlazeSports Golf Scramble

For Individuals with Physical Disabilities & Visual Impairments, and their Friends & Family! Join us after the clinic for a fun golf scramble on the par 3 course at Reeves! This is a chance to use your new golf skills and have some playing time on the course. Golf pros that have experience in working with individuals with disabilities will be available to accompany participants. We will have adapted equipment and carts available for use. If you wish, bring a friend or family member to join you in this fun event! Lunch will be provided!

Ages: 8 and Older
Date: Saturday, April 28
Time: 12:00 – 3:00 p.m.
Lunch served 12:00 – 1:00 p.m.
Location: Reeves Golf Course
Min/Max#: 5/30
Code: BGS07
Fee: \$10 (includes lunch)
Registration Deadline: Friday, April 13

Power Soccer

Attention all power wheelchair users – this sport is exclusively for you! The skills necessary to play this sport include a desire to play soccer, be a part of a team, and the ability to maneuver your own power wheelchair. The clinic is an introduction to Power Soccer for all skill levels. Don't miss out on the thrill of playing this popular sport! For more information on Power Soccer, please go to: www.powersoccer.net

Boccia

Boccia is a sport that is played by individuals, pairs or teams at both recreational and competitive levels. This sport is for people with cerebral palsy and other locomotor disabilities who are wheelchair users. Boccia requires athletes to utilize skills such as: concentration, coordination, muscular control, accuracy, teamwork, cooperation, and strategy. Boccia would be a great tool to increase skills in all areas listed above. The game can be adapted using a variety of techniques. The ball can be thrown, rolled and kicked depending on the range of motion of each of the athletes. Boccia can also be played by using a ramp and another person to assist the athlete. Come join us at our clinic to learn how you can get involved! For more information on Boccia, please go to: www.bocciainternational.com

Spring Golf Clinic

For Individuals with Cognitive Disabilities

Have you always wanted to play golf? This is a great opportunity to learn the basics of the game and have some fun! Participants will be divided into beginner and intermediate groups and have instruction with PGA pros on driving, chipping and putting on the course. Lunch will be provided! This program is Co-Sponsored by the Hamilton County Special Olympics.

Ages: 8 and Older
Date: Saturday, May 12
Time: 10:00 a.m. – 1:00 p.m.
Lunch served 12:00 – 1:00 p.m.
Location: Reeves Golf Course
Min/Max#: 5/30
Code: GC07
Fee: \$10 (includes lunch)
Registration Deadline: Friday, April 27

We are looking for volunteers for these programs!

Accessible Golf Mini Clinics

If you have been to our day clinic or want golf instruction in a smaller setting, our mini clinics are for you! The mini clinic is for all levels of play and will take place at the driving range and on the golf course. You can sign up for one, or for the whole series. Adapted equipment will be available. PGA pros will teach the clinic. Bring your own clubs or use clubs provided.

Ages: 8 and Older
Day/Dates: Saturdays –
May 5 Putting
May 19 Chipping
June 2 Irons and Play
June 16 Woods
June 30 Stroke Review
July 14 Play Golf
July 28 Play Golf
Aug 11 Play Golf

Time: 2:00 – 3:00 p.m.
Location: Reeves Golf Course
Min/Max#: 5/15
Code: GGL07
Fee: \$10 per clinic • \$40 for 6-8 clinics
Registration Deadline: You must be registered a minimum of one week prior to each mini clinic.

Accessible Golf League

If you are ready to join others on the course and would like to play on a weekly basis, a new golf league is forming for people with disabilities. Adapted carts and equipment will be available. Please call Ann-Marie at (513)352-2549 for more details or to express your interest in playing.

Accessible Individual Golf Lessons

These lessons are for anyone who would like to work individually with a PGA Pro at a CRC course near their home! Lessons can be arranged with a specific pro that has experience working with individuals with disabilities. You can arrange for as many or as few sessions as you like! The fee is \$10 per half hour. For more information or to obtain the names of our PGA Pros at CRC courses, please call Ann-Marie at (513)352-2549.

Let's Go Golfing!

The Cincinnati Recreation Commission and Billy Casper Golf are the proud recipients of a second grant funded by the United States Golf Association! In May of 2006, we again received a grant for \$12,000 from the USGA to improve accessibility on the golf courses within the City of Cincinnati. In 2005-2006 we spent \$4,000 for the facilitation of golf programming for individuals with disabilities through the implementation of golf clinics, group golf lessons and reduced rate individual lessons. Through the USGA grant we received a matching grant totaling \$16,000 to acquire two brand new Solo Rider single-rider golf carts to be used on our seven CRC courses. The accessible golf carts can be used by individuals with any type of mobility impairment (not limited to wheelchair users). We are currently trying to raise

another \$8,000 in order to again match the USGA grant and obtain two additional Solo Rider carts. If you are interested in helping us achieve this goal, please contact Ann-Marie at (513)352-2549! All donations are tax deductible through the Cincinnati Recreation Commission (1 501c3 organization). We also have adapted golf clubs. These clubs are designed to be used from a seated position (i.e. wheelchair or accessible golf cart). The clubs will be available for use at clinics, lessons, or at the golf course you select.

For more information about our accessible golf program, please call Ann-Marie at (513)352-2549!

Sports Programs

Miracle League of Greater Cincinnati

CRC is proud to announce our affiliation with the Miracle League Association! The Miracle League is a national association whose goal is to provide opportunities for individuals with physical and cognitive disabilities to play baseball regardless of their abilities. The Miracle League is designed to give every individual the chance to play baseball. The rules are simple. Everyone hits, everyone gets on base and everyone crosses home plate. Adapted equipment and on-field assistance with "buddies" ensures participation and fun for everyone!

Ages:	5 and Older
Day:	Saturdays
Begin/End:	April 21 – July 14
Cancellations:	May 26
Time:	10:00 a.m. to Noon
Location:	Salway Ball Fields
All Star Game:	June 16, Roselawn 6-9 pm
Banquet Date:	July 21
	location, date, & time, TBA
Code:	ADB07
Fee:	\$15

George Foster Baseball Clinic

Now is your chance to meet a Baseball Legend! George Foster hosts this annual event with the help of the Cincinnati Recreation Commission. This is a wonderful opportunity for youth and teens with disabilities to participate in the great sport of baseball with their non-disabled peers. Additional staff will be provided to support each child/teen in this inclusive event. Register early because this program fills quickly! Teens who participate should have basic knowledge and skills. All youth are welcome!

	Youth (ages 8-12)	Teens (ages 13-18)
Date:	Saturday, June 24	Friday, June 23
Time:	9:00 a.m. – 3:00 p.m. (includes lunch)	6:00 – 9:00 p.m.
Location:	Oakley Ball Fields	Schmidt Ball Fields
Code:	GFYB06	GFB06
Fee:	Free!	Free!

Reds Rookie Success League

The Reds Rookie Success League is a non-competitive, coed, character-building summer baseball league targeting youth ages 8-11. This six-week program stresses valuable life lessons while utilizing the game of baseball as the delivery vehicle. Participants meet twice weekly for six weeks, and receive mentoring and basic baseball fundamentals from volunteer coaches. Kids with disabilities who participate will receive additional support for this program. Register early – this program fills up quickly!

	Option 1	Option 2
Days:	Tuesday and Thursday	Wednesday and Friday
Dates:	June 19 – July 26	June 26 – August 3
Time:	10:00 a.m. – 1:00 p.m. (includes lunch)	10:00 a.m. – 1:00 p.m. (includes lunch)
Location:	Schmidt Ball Fields	Schmidt Ball Fields
Code:	RR107	RR207
Fee:	Free!	Free!

Learn To Play Tennis!

For Individuals with Cognitive Disabilities

This eight-week program is designed to teach the basics of tennis, strokes, grips, volleys and serves. Participants will be able to play a game and learn how to keep score. Join in the fun and develop a life long leisure skill!

Ages:	13 & Older
Day/Dates:	Wednesdays – May 2, 9, 16, 23, 30, June 6, 13, 20
Time:	6:30 – 7:30 p.m.
Location:	Ryan Park Tennis Courts (Westwood)
Min/Max#:	5/15
Code:	TC07
Fee:	\$20
Registration Deadline:	Friday, April 20

We are looking for volunteers for these programs!



Inclusion

What is Inclusion?

Individuals with and without disabilities participating in recreational activities together.

Inclusion Support Services

The TR Division's "Inclusion Team" was created to assist community center staff with accommodations, education and materials to aid them in including individuals with disabilities in CRC 's programs and activities.

Accommodations

Types of Accommodations

- Changes in Rules and/or Policies
- Assistance with ADLs
- Architectural Changes
- Adaptive Equipment
- Increased Supervision
- Behavior Management
- Training for Staff
- Boardmaker Tools for Communication

How to Request an Accommodation

If you feel an accommodation would be beneficial or necessary, at the time of your registration at the community center, please request an Accommodation and Assessment form (this document is used to formally request additional assistance you may require from the community center).

Dances

Come and celebrate spring and summer by dancing to the music and socializing with friends! Participants will have the opportunity to improve life skills such as socialization, communication, and how to display appropriate public behavior. Snacks and drinks will be provided. Please Note: These are casual dances, dinner will not be served.

Spring Fling Dance

Ages: 18 and Older
Date: Friday, March 30
Time: 7:00 – 9:00 p.m.
Location: Madisonville Center
Min/Max#: 20/75
Code: SF07
Fee: \$12 • Staff/Aide – Free
Registration Deadline: Friday, March 16

Parrot Head Dance

Ages: 18 and Older
Date: Friday, July 20
Time: 7:00 – 9:00 p.m.
Location: Clifton Center
Min/Max#: 20/75
Code: PHD07
Fee: \$12 • Staff/Aide – Free
Registration Deadline: Friday, July 6

Social & Leisure Programs

Dance! Dance! Dance!

Come join the newest program for children and young teens! Each week participants will learn a classic dance such as the Chicken Dance, Hokey Pokey, and YMCA – plus, have time to show off their own moves! This is a great opportunity to learn dance steps that are widely played at dances, weddings and parties! Participating in this program will increase motor coordination, receptive language, and socialization skills. So dust off those dancing shoes and register today!

Ages: 8 – 15
Day: Thursdays
Begin/End: April 12 – May 31
Time: 7:15 – 8:00 p.m.
Location: Mt. Washington Center
Min/Max: 5/10
Code: DAN07
Fee: \$10 • Staff/Aide – Free
Registration Deadline: Friday, March 30

Movie & Pizza Nights

Come join us this summer for a relaxing night at the community center! We'll watch a good movie and have some great tasting pizza. Participants will have the opportunity to improve life skills such as socialization, communication, and how to display appropriate public behavior. One Friday each month we will play host to you and your friends with this favorite weekend activity.

Ages: 15 and Older
Day: Friday
Dates: June 22, July 13, August 17
Time: 6:00 – 8:30 p.m.
Location: Clifton Center
Min/Max#: 5/20
Code: MPS07
Fee: \$15 • Staff/Aide – Free
Registration Deadline: Friday, July 15

Hangin' with the Teens – Outing Opportunities

Sallywag Tag

Come join us for a fun pirate adventure! We will be playing laser tag among the shipwrecks, cross bones and sunken treasures. Sallywag will be fueling us with pizza, popcorn and pop! Be sure to bring some extra money if you like to play arcade games!

Ages: 13 – 18
Date: Saturday, March 17
Time: 11:30 a.m. – 3:30 p.m.
Location: Sallywag Tag
Pick-Up Location: Clifton Center
Min/Max#: 5/15
Code: ST07
Fee: \$15 • Staff/Aide \$15
Registration Deadline: Friday, March 9

Cincinnati Reds Game

Take me out to the ball game, take me out to the crowd! Join us in cheering on the Cincinnati Reds at the Great American Ball Park! They will be playing the Pittsburgh Pirates at 7:10 p.m. Don't miss out on this great American tradition!

Ages: 13 – 18
Date: Saturday, May 26
Time: 6:00 – 10:30 p.m.
(game begins at 7:10 p.m.)
Location: Great American Ball Park
Pick-Up Location: Clifton Center
Min/Max#: 5/15
Code: CR07
Fee: \$12 • Staff/Aide \$12
Registration Deadline: Friday, May 18

Outings

Cyclones Game

Hockey is back in Cincinnati! We will have a blast at the game, and bring some cash so you can buy some treats from the concession stand! There will be 6 staff present on the trip, with a maximum capacity of 15 participants. We would like to encourage participants to bring cash to practice money management skills at the concession stand.

Ages: 16 & Older
Date: Saturday, March 17
Time: 6:00 – 10:30 p.m.
Location: US Bank Arena
Pick-Up Location: Clifton Center
Min/Max#: 5/15
Code: CCG07
Fee: \$15 • Staff/Aide \$15
Registration Deadline: Friday, March 2

La Comedia Dinner Theatre

Come see the production of "GREASE!" live in a theatre! La Comedia is one of the nation's largest dinner theatres, featuring spectacular Broadway shows and fine dining. We venture by van to Springboro, Ohio for a night of elegance, so be sure to wear a nice outfit! There will be 6 staff present on this trip with a maximum of 15 participants. Appropriate social etiquette and money management skills should be encouraged.

Ages: 16 & Older
Date: Saturday, May 19
Time: 4:30 – 11:30 p.m.
Location: La Comedia Dinner Theatre
Pick-Up Location: Clifton Center
Min/Max#: 5/15
Code: LAC07
Fee: \$45 • Staff/Aide \$45
Registration Deadline: Friday, May 4

Overnight Camping Trips

Join us for a fun camping experience at Winton Woods Adventure Outpost! Participants will hike, play games and prepare meals in the great outdoors. The evening will include a campfire and tasty S'mores! Participants will fall off into a dreamy sleep in cabins under the stars. New leisure skills will be learned and social skills will be practiced. **Please Note: Individuals attending these trips must be able to dress, eat meals, prepare for bed and sleep independently.**

Spring

Ages: 18 & Older
Dates: Saturday & Sunday, April 21 & 22
Location: Drop-Off is on Saturday at 1:00 p.m., at the Clifton Center Parking Lot
Pick-Up is on Sunday at 1:00 p.m., at the Clifton Center Parking Lot
Min/Max#: Limited to 10 females and 10 males due to cabin sleeping spaces
Code: OCTS07
Fee: \$50
Registration Deadline: Friday, March 30

Fall

Ages: 18 & Older
Dates: Saturday & Sunday, Sept. 29 & 30
Location: Drop-Off is on Saturday at 1:00 p.m., at the Clifton Center Parking Lot
Pick-Up is on Sunday at 1:00 p.m., at the Clifton Center Parking Lot
Min/Max#: Limited to 10 females and 10 males due to cabin sleeping spaces
Code: OCTF07
Fee: \$50
Registration Deadline: Friday, Sept. 7

Inclusive Programs For 50+

The Therapeutic Recreation Division is working with the Senior Division to include individuals with disabilities and/or arthritis into all CRC programs. CRC's Senior Division provides services for individuals who are 50 or older. If you are interested in participating in these programs, the Therapeutic Division staff will work with the Senior Division staff to provide the accommodations needed for you to successfully participate.

The Senior Division offers an array of programming – Senior Olympics, line dancing, art classes and outings. Programs are available at 16 community centers across the city – typically providing services during the daytime hours. These programs are developed for seniors without disabilities; therefore, there is a level of independence needed to participate. Accommodations could include changes in rules or policies, assistance with ADLs (activities for daily living), adaptive equipment, and increased supervision and training for staff.

We hope you will consider participating in some of these great programs! Please call Terry at (513)352-4015 if you have additional questions.

COUNT ME IN Puppetry Program



For the past five years, The Division of Therapeutic Recreation has been providing a disability awareness program for the children at our community centers. This program was designed to help foster a climate of acceptance for children with disabilities who participate inclusively in CRC day camp programs. As we expand our efforts, we are always searching for new ways to implement the program.

In June of 2005, TR applied for a grant from the CVS/pharmacy Charitable Trust for the purchase of a puppetry kit designed by The Pacer Center in Minneapolis, Minnesota. The COUNT ME IN Puppetry Program is a disability awareness project which teaches inclusion and disability awareness through puppet shows. On November 1, 2005, The Cincinnati

Recreation Foundation was awarded a grant in the amount of \$7,000 for the purchase of the puppetry kit! We began featuring the puppets at our community centers in the spring of 2006. The kit contains 8, 3-foot-tall puppets who portray youngsters from diverse backgrounds with a variety of disabilities. This program seeks to foster positive attitudes and promotes easier integration between children with disabilities and children without disabilities in schools and communities. We are very excited about the impact that this program is having on promoting inclusion and disability awareness in our communities!

If you are interested in learning more about the COUNT ME IN Puppetry Program, please call Karen at (513)352-4056!



Miracle Vision

CRC's Adapted Baseball program began in 1986. In the fall of 2004, the CRC Division of Therapeutic Recreation decided to join the Miracle League and locally become the Miracle League of Greater Cincinnati. The national association is made up of communities across the country that sponsor baseball programs for children with disabilities. CRC's Adapted Baseball program had much in common with the Miracle League and its belief that every child deserves a chance to play baseball.

The Miracle League's mission is to:

- Provide opportunities for children with disabilities to play Miracle League Baseball, regardless of their abilities.
- Promote community support and sponsorship of Miracle Leagues.
- Promote the construction of special facilities which meet the unique needs of Miracle League players and their families.

In the spring of 2005, the Miracle League of Greater Cincinnati, the Cincinnati Recreation Commission and the Cincinnati Reds Community Fund began working together in the hopes of building a synthetic turf field to support the needs of the Miracle League. We want to build a field that would be part of a bigger complex and would have children with and without disabilities playing baseball in the same park! This project is expected to be completed in the Spring of 2008 — at our Oskamp Park.

Cincinnati Recreation Commission

80

80 years old and still young at



Not only is the Cincinnati Recreation Commission Celebrating 80 years of keeping Cincinnati young, but 2008 will be the Therapeutic Recreation Division's 40th birthday! Keep an eye out for more information on what CRC has been doing the last 80 years as well as how we'll be celebrating CRC's 80th birthday!



Guidelines for Participants, Parents, and Guardians

Prior to participating in any TR program, each participant must submit a current Program Registration Form, complete with participant/parent/guardian signature, to the Therapeutic Recreation Office. Please include all information requested to help the TR staff take appropriate precautions when planning the program. It is essential that we have a phone number where the parent/guardian can be reached during the program hours.

The TR staff members are not responsible for the supervision of participants before or after the designated program times. The TR staff members are not responsible for providing transportation from the program site to the participant's home at the conclusion of the program. Participants using ACCESS transportation must schedule drop-off/pick-up times within the designated program times.

If someone other than the parent/guardian will be picking up a participant at the conclusion of the program, advance written notification must be given to the program director.

A late pick-up fee of \$5 for each quarter hour will be assessed to any parent/guardian late in picking up the participant at the conclusion of the program.

The following guidelines are used in managing behavior:

The TR staff members are instructed to use positive reinforcement and to provide a structured program in order to minimize negative behaviors. If negative behavior should occur, a brief time-out is the approved method of behavior management. If a behavior plan has been developed, or if you have specific techniques used at home, please inform the TR staff so we may support your efforts.

If, in the opinion of the TR staff, a participant becomes unmanageable and potentially dangerous to themselves or others, the parent/guardian will be contacted to take the participant home. If a participant leaves the program site during program hours and the TR staff are unable to return the participant without risk of injury, the parent/guardian will be contacted to take the participant home. If the parent/guardian is unable to be reached or does not respond quickly, the TR staff may be required to call for police assistance.

Staff members who are trained/certified in Non-Violent Crisis Intervention (CPI) will intervene in the management of aggressive behavior with participants enrolled in our programs. A participant who becomes physically aggressive with others in the program setting may be subject to specific "holds" designed to physically control aggressive individuals. These holds are non-aversive and are only used as a last resort (if the participant has become a danger towards themselves or others).

For participants with specific health/medical issues:

Due to the physical requirements of some activities, participants with certain health or medical conditions may be asked to provide a physician's written consent prior to participation.

For participants requiring medication during program hours, a medication waiver form must be completed and submitted prior to the TR staff assisting with the administration of medication.

Guidelines for Residential Agencies:

If a group of four or more participants from a specific agency attend a TR program, we request that a staff member from the agency attends the program and assists the TR staff in leading the activities. In the event your agency will not be attending a program for which you have registered, please notify the TR office in advance. If the decision not to attend is made late, please attempt to notify the program director.

An agency may send an unregistered participant to a program in place of a registered participant if a Program Registration Form for the new participant has been submitted to the office and we are given advance notification of the substitution.

Agency staff attending events or outings must provide the necessary payment for meals and/or admission fees (see Registration for All Therapeutic Recreation Programs).

Registration For All Therapeutic Recreation Programs

• **Complete the Program Registration Form (insert).** List the program code, name, location and fee for each program you plan to attend. Please indicate your residency status by checking the appropriate box (refer to the Zip Code Directory For City of Cincinnati Corporate Limits).

• **Mail or bring the completed form with a check or money order** to the Cincinnati Recreation Commission, Therapeutic Recreation, 805 Central Ave., Suite 800, Cincinnati, OH, 45202. Make check or money order payable to the Cincinnati Recreation Commission. There is a \$15 fee for any dishonored check submitted. Program registration will not be accepted without program payment. The program registration form must be received in the administrative office (805 Central Ave.) before the participant may attend the program. The Participant/Parent/Guardian release must be signed prior to participation.

• **You may register in-person at our administrative office.** Phone-in registrations are not accepted. Please continue to call us for information about programs or if you need help with registration.

• **We do send confirmation of registration.** If the program has reached capacity or your registration is unable to be accepted for another reason, you will be notified and payment refunded. Please note the registration deadlines for each program! Registrations will not be accepted after the deadline.

• **Refunds of program fees are considered** if the program is cancelled or filled to capacity, if the participant has a verified medical reason, or, in the opinion of the TR staff, the placement is inappropriate.

- Refunds for dances are given if we are notified a minimum of 24 hours before the event.
- Refunds for the outings are given only if we are notified a minimum of one week before the outing.

Additional Notes For Dance/Outing Registration

Our dances and outings require advance registration due to group rates or meal preparation. Please note the registration deadlines and be aware that these events may fill to capacity prior to the registration deadline. Group Home staff and aids are very welcome to attend, however it is imperative that we are notified of their attendance at the time of their participant's registration. Please use the Program Registration Form to indicate staff/aide attendance and include the necessary payment.

Additional Notes For Summer Day Camp Registration

Divided Payments: If you would prefer to pay the camp program fee in installments, you may do so as follows:

- Submit a deposit of \$100 with your registration form.
- Second payment of \$120 is due by June 22.
- Third payment of \$120 is due by July 13.
- Fourth payment of \$120 is due by August 3.

Family Support Services Program

Many of our camp participants receive financial assistance through the Family Support Services Program - (513)821-2128. If you plan to apply for assistance through the Family Support Services Program, please indicate (attach a note) with your program registration form.

Please Note: Parents/Guardians using Family Support Services vouchers are still required to include the \$100 deposit with their program registration form.

Partial Attendance

Registration priority is given to participants paying the full amount. Registration for participants attending less than the entire session (not less than four weeks) will be considered after May 30 if openings exist. A pro-rated fee will be determined.

Additional information and forms will be mailed to you prior to the start of camp.



Therapeutic Division
805 Central Avenue, Suite 800
Cincinnati, OH 45202
Phone: 513.352.4028
Fax: 513.352.1605
www.cincyrec.org

Therapeutic Recreation Program Registration Form

Please complete the front and back of this form by providing us with the information that has been requested. For legibility purposes, please print all information that you provide. Return this form with a check or money order made payable to Cincinnati Recreation Commission. Registration Forms and payment may be mailed or delivered to The Cincinnati Recreation Commission (address above). For additional information, please call us at (513)352-4028.

Participant Information

First Name	Last Name	Date of Birth	Age	Gender
Street Address		City	State	Zip Code
Home Phone	Alternate Phone(s) - other than home		E-Mail Address	
Parent/Guardian Name	Relationship	Phone Number(s)		
Parent/Guardian Name	Relationship	Phone Number(s)		
Emergency Contact Name (other than parent)	Relationship	Phone Number(s)		
Group Home Agency	Contact Name	Phone Number(s)		

Are you a new participant? ☐ Yes ☐ No If yes, how did you hear about us? _____

Disabling Condition

Please identify the participant's disabling condition. Circle all that applies to the participant and/or write any disabling condition not listed.

Amputation	Cerebral Palsy	Mental Illness	Spinal Cord Injury -
Arthritis	Childhood Disintegrative Disorder	Mental Retardation: Mild - Moderate - Severe	Injury Level: _____
Asperger Syndrome	Down Syndrome	Muscular Dystrophy	Vision Impairment -
Attention Deficit Disorder	Head Injury	Multiple Sclerosis	Blind - Low Vision - Other
Autism	Hearing Impairment / Deaf	Rett's Syndrome	Other: _____
Behavioral Disorder	Learning Disability - Type _____	Spina Bifida	_____

Does the participant walk independently? ☐ Yes ☐ No

If not, what type of assistance is required? ☐ Wheelchair ☐ Walker ☐ Other (please specify) _____

Does the participant eat independently? ☐ Yes ☐ No

If not, what type of assistance is required? _____

Does the participant dress independently? ☐ Yes ☐ No

If not, what type of assistance is required? _____

Does the participant use the bathroom/toilet independently? ☐ Yes ☐ No

If not, what type of assistance is required? _____

Does the participant communicate through speech? ☐ Yes ☐ No Use Boardmaker? ☐ Yes ☐ No

If not, what type of communication is used? _____

Additional information that would assist in programming for the participant: _____

Medical Information

Please circle all that apply to the participant:

Allergies (specify below)	Catheter	Hearing Aid	Scoliosis
Arthritis	Diabetes	Heart Condition	Shunt
Asthma	Diet Restriction	Hemophilia	Tracheotomy
Atlantoaxial Subluxation	Ear Tubes	High Blood Pressure	Other: _____
Braces (Orthopedic)	Glasses	Prosthesis	_____

Please provide specific information for medical conditions we should be aware of (allergies, activity restrictions, etc.):

Does the participant have seizures: Yes No

If yes, what type? Grand Mal Petit Mal Other _____

If yes, how often does the participant have seizures? _____ Date of last seizure: _____

Please identify the type, dosage and time of any medication the participant is currently taking:

Medication	Type _____	Dosage _____	Time _____
	Type _____	Dosage _____	Time _____
	Type _____	Dosage _____	Time _____

Program Information

Please indicate with an "x" which one of the following applies. If you are unsure of your residency status, please see the Zip Code Directory included in this booklet.

Cincinnati Resident

Non-City Resident

Program Code	Program Name / Location / Preferred Swim Time	Fee
		\$
		\$
		\$
		\$
		\$

Please remember to register staff/aids for each program, if applicable!
Interested in making a donation? See page 2 for more information!

Total Amount Enclosed	\$
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* What type of transportation does the participant have?

Self Parent/Guardian Metro Group Home Staff Access – I.D.# _____

Participant / Parent / Guardian Release

As a participant or as a parent/guardian of the participant in this program, I recognize that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss resulting from participation in any and all activities connected with or associated with such program. I agree to waive and relinquish all claims I may have, as a result of my or my son's/daughter's participation in the program, against the Cincinnati Recreation Commission, City of Cincinnati, and their agents, employees, staff and volunteers. I do hereby fully release and discharge the Cincinnati Recreation Commission, City of Cincinnati and their agents, employees, staff and volunteers for any and all claims from injuries, damage or loss which I have or which may accrue to me on account of my son's/daughter's participation in the program. I further agree to protect, defend and hold harmless the Cincinnati Recreation Commission, City of Cincinnati, and their agents, employees, staff and volunteers from any and all claims resulting from injuries, damage or losses sustained by myself or my son/daughter or arising out of, connected with, or in any way associated with the activities of the program. I have read and fully understand this release form. **Before registration in this program(s) is valid, this release form must be signed by the participant or the participant's parent or legal guardian.**

Signature of Participant / Parent / Guardian _____ Date _____

Multi-Media Release

I, the undersigned, hereby authorize the Cincinnati Recreation Commission to utilize photographs, videotapes, voice recordings, etc. of the participant to be used exclusively for promotion, advertising and marketing of the Cincinnati Recreation Commission and its programs.

Signature of Participant / Parent / Guardian _____ Date _____

Cincinnati Recreation Commission

FACILITY DIRECTORY

CRC Recreation Centers

CRC INFOLine (513)352-4000

Bond Hill	1501 Elizabeth Pl. (37)	242-9565
Bush	2640 Kemper Ln. (06)	281-1286
Camp Washington	1201 Stock St. (25)	681-6046
Carthage	19 E. 72nd St. (16)	821-2954
Clifton	320 McAlpin Ave. (20)	961-5681
College Hill	5545 Belmont Ave. (24)	591-3555
Corryville	2823 Eden Ave. (19)	221-0888
Dunham Complex	4356 Dunham Ln. (38)	251-5862
Evanston	3204 Woodburn Ave. (07)	861-9417
Hartwell	8275 Vine St. (16)	821-5194
Hirsch	3630 Reading Rd. (29)	751-3393
Kennedy/Woodford	6065 Red Bank Rd. (13)	631-5625
LeBlond	2335 Eastern Ave. (02)	281-3209
Lincoln	1027 Linn St. (03)	721-6514
Madisonville	5320 Stewart Rd. (27)	271-4190
McKie	1655 Chase Ave. (23)	681-8247
Millvale	3303 Beekman St. (25)	352-4351
Mt. Auburn	270 Southern Ave. (19)	381-1760
Mt. Washington	1715 Beacon St. (30)	232-4762
North Avondale	617 Clinton Springs Ave. (29)	961-1584
Oakley	3882 Paxton Ave. (09)	321-9320
Over the Rhine	1715 Republic St. (10)	381-1893
Pleasant Ridge	5915 Ridge Rd. (13)	731-7894
Price Hill	959 Hawthorne Ave. (05)	251-4123
Sayler Park	6720 Home City Ave. (23)	941-0102
Westwood Town Hall	3017 Harrison Ave. (11)	662-9109
Winton Hills	5170 Winneste Ave. (32)	641-0422

All zip codes are prefix 452 / All phone numbers are area code 513

Zip Code Directory for City of Cincinnati Corporate Limits. Please call the TR office if you have questions about your residency status

Zip Codes Entirely Within City Limits:

01, 02, 03, 06, 10, 14, 19, 20, 21, 23 (with exception of portions of Shepherd Creek and Shepherd Rd.), 25, 26, 28, 32

Zip Codes Entirely Outside City Limits:

18, 36, 40, 41, 42, 43, 44, 45, 46, 47

Zip Codes Partly In and Out of City Limits:

04, 05, 07, 08, 09, 11, 12, 13, 15, 16, 17, 24, 27, 29, 30, 31, 33, 37, 38, 39, 48

TR Program Locations

Therapeutic Recreation Main Office	805 Central Ave. (02)	352-4028
Bicentennial Commons / Sawyer Point	801 E. Pete Rose Way (03)	352-6180
Clifton Center	320 McAlpin Ave. (20)	961-5681
College Hill Center	5545 Belmont Ave. (24)	591-3555
Lunken Playfield	4750 Playfield Ln. (26)	321-1772
Madisonville Center	5320 Stewart Rd. (27)	271-4190
Mt. Auburn Center & Pool	270 Southern Ave. (19)	381-1760
Mt. Washington Center	1715 Beacon St. (30)	232-4762
Oakley Center & Ball Fields	3882 Paxton Ave. (09)	321-9320
Pleasant Ridge Center	5915 Ridge Rd. (13)	731-7894
Queen City Racquet & Fitness Club	11275 Chester Rd. (46)	771-2835
Reeves Golf Course	4750 Playfield Ln. (26)	321-2740
Ryan Park Tennis Courts	Fischer Pl. & Meyer Pl. (11)	NA
Salway Ball Fields	4250 Spring Grove Ave. (32)	NA
Schmidt Ball Fields	Eastern Ave. & St. Peters St. (26)	NA
The Grove	9158 Winton Rd. (31)	931-4255
Westwood Town Hall	3017 Harrison Ave. (11)	662-9109

Pools - Indoor Deep Water

Krueck	270 W. McMillan St. (19)	861-4169
Mt. Auburn	270 Southern Ave. (19)	381-6780
Over the Rhine	1715 Republic St. (10)	381-1893
Western Hills	2144 Ferguson Rd. (38)	244-8770

Golf Courses

Avon Fields	4081 Reading Rd. (29)	281-0322
California	5920 Kellogg Ave. (28)	231-6513
Dunham	1951 Dunham Way (38)	251-1157
Glenview	10965 Springfield Pike (46)	771-1747
Neumann	7215 Bridgetown Rd. (48)	574-1320
Reeves	4757 Playfield Ln. (26)	321-2740
Woodland	5820 Muddy Creek Rd. (33)	451-4408

All zip codes are prefix 452 / All phone numbers are area code 513

www.cincyrec.org

Cincinnati Recreation Commission

Denise M. Driehaus, President
Rev. Kazava Smith, Vice President
Roscoe A. Fultz, Member
Michael J. Moeddel, Member
Catherine D. Ingram, Member
Michael Thomas, Interim Director



Therapeutic Recreation

805 Central Avenue, Suite #800

Cincinnati, Ohio 45202

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The Cincinnati Recreation Commission's THERAPEUTIC DIVISION invites you to participate in our spring and summer programs!

Selecting Programs

The Cincinnati Recreation Commission invites you to participate in an exciting assortment of recreational activities this spring and summer! The programs identified in this guide are designed to meet the needs and interests of individuals with mental, physical, learning and emotional disabilities. While some programs can accommodate participants of varying levels of ability, other programs have specific skill requirements due to the nature of the activities. Specific skill requirements, if necessary, are included in the program descriptions. If you have questions about a program or the level of assistance provided, please contact any of the TR staff listed.

- **Location:** Please see page 17 for addresses for each of the program locations.
- **Min/Max#:** Represents the minimum number of participants and the maximum number of participants within a program.
 - All programs must have a minimum of 5 participants registered prior to the start date. If there are not 5 participants registered the program will be cancelled.
 - If a program has reached its capacity you may be placed on a waiting list.
- **Code:** The code simply helps us to process registration forms at a quicker pace.
- **Resident/Non-Resident:** We are no longer charging different fees for residents and non-residents. You do not have to live within the City of Cincinnati to participate in our programs. (CRC collects this information for statistical purposes.)
- **Registration Deadline:** Please pay close attention to these dates. We will not accept registrations after the deadline.

In addition to these Therapeutic Recreation programs, individuals with disabilities are welcome to participate in any Cincinnati Recreation Commission program through our **Inclusion Services**. The TR staff will assist you in identifying programs, registering and requesting accommodations. Please call the TR Division at (513)352-4028 for more information concerning inclusive programs.

Recreation programs and facilities are open to all citizens regardless of race, gender, color, religion, national origin or disability. CRC is an Equal Opportunity Employer and is committed to supporting the Americans with Disabilities Act. Please call in advance if you require special accommodations.